



*Presents*

**131<sup>st</sup> Training program on Ozone therapy at Mumbai**

**4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> April 2026**

**7<sup>th</sup> April 2026 (Extra Optional) – Hands-on Training at our Mumbai Ozone Clinic**

Dear Doctor,

It is a great pleasure to invite you for the Ozone Workshop. Indian Ozone Therapy training is unique as we make you understand science and logic of practising integrated medicine with ozone.

We have conducted more than 130 ozone therapy training in India and have trained more than 3500 doctors across India, Malaysia, UAE, Bangladesh, etc.

**Ozone Therapy: a powerful complementary natural therapy.**

As you may know, OZONE THERAPY was discovered in Germany well over one hundred years ago but did not come in common use till recently. It is now becoming more popular in various parts of the world. NOW, Ozone Therapy Clinics are being established in various parts of India to compliment treatments in other existing medical clinics and hospitals. It is NOT Hyperbaric Oxygen Therapy, which is quite different and complex. **Ozone therapy is safe, simple and painless.** Ozone cannot be given directly through nose like oxygen. Exactly measured quantities of Ozone gas are administered through rectum as an enema, vagina, ear drums, mixed in blood or saline infusions. Ozone gas and ozonized oils are also applied over the affected parts and ulcers for quick healing. Each treatment takes only a few minutes. No anaesthesia is required and patients can talk cheerfully during the treatment. These sessions are given two or three times weekly for total of about 15 to 20 sittings. It may be continued thereafter if needed.

With the mounting cost of health care and increasing incidences of side effects, more and more people are trying out alternative therapies. Ozone therapy is an incredible rejuvenator, normalizer, detoxifier, regenerator, immune enhancer and physical and mental energizer.

**SCIENCE of OZONE THERAPY:** Many hundreds of scientific papers have been published in the world medical literature and have confirmed efficacy, safety and simplicity of ozone therapy.

OZONE THERAPY can be considered as a supportive therapy to help in following condition:

1. Chronic infections due to viruses, bacteria, fungi and other germs.
2. Non-healing wounds and ulcers, diabetic ulcers, surgical wound infections.
3. Circulatory disorders.
4. Skin conditions like eczema, infections, bedsores, ulcers.
5. Gynaecological infection.
6. Ear Nose Throat ENT infections, Sinus infections, Bronchitis etc.
7. Arthritis, Rheumatism, Backaches, Spondylitis.
8. Help in cancer as supportive treatment to other mainline treatments.
9. Liver diseases, cirrhosis, hepatitis.
10. Brain disorders, Parkinson's, Memory Impairments, etc.

**Venue:**

**Ozone Forum of India Clinic**  
**Bisleri Tower, 3<sup>rd</sup> Floor,**  
**Western Express Highway, Andheri (E), Mumbai – 400 099.**

**Landmark : Bisleri factory compound**

**Comprehensive Workshop on Ozone Therapy (Level 1)**

Attendees will be introduced to the biochemical, physiological, immunological, and circulatory effects of Ozone therapy.

The student will leave with an appreciation of how and why Ozone therapy can be so effective in so many disorders.

This is the perfect workshop to help practitioners get started immediately in using various Ozone therapies in their clinical practice for effective results.

Learn the correct protocols as practiced internationally, in a relaxed and enjoyable learning environment.

**Training Dates:** 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> April 2026

**Registration and training Fees:** Rs. 30,000/- + 18% GST = **Total Rs. 35,400/-**

**Fees include 3 days training program; all attendees will receive;**

- **A copy of our newly launched Ozone Therapy Book – “Clinical Ozone Therapy”,**
- **Certificate of training program by Ozone Forum of India, &**
- **Membership of Ozone Forum of India.**

**Book your seat with a non-refundable payment of Rs. 2,000/- and pay the rest of the amount before 1 week of training date.**

**Detailed program:**

**Resource person & Training organisers:**

- **Dr. Mili Shah, Trustee - Bisleri Charitable Trust & President - Ozone Forum of India.**
- **Dr. Jignasha Captain, Director – Development, Ozone Forum of India.**

**Saturday, 4<sup>th</sup> April 2026:**

Time	Topic
09:00-10:00	Registration and breakfast
10:00-11:30	Intro, history, safety, global scenario, Oxygen, Ozonators.
11:30-12:30	Concept of conc., vol., dose. Various units, calculating the dose.
12:30-13:30	Lunch
13:30-15:30	How does Ozone work <ul style="list-style-type: none"><li>• oxidants and anti-oxidants, oxidative stress and diseases</li><li>• effect of Ozone on RBC metabolism, effect of Ozone on WBC and immunity, and platelets.</li><li>• Effect of Ozone in I/R injury, effect on inflammation and pain</li></ul>

15:30-16:00	Tea break
16:00-17:00	External Ozone applications - Theory and Demonstration of Application; 1. Ozonated Water 2. Ozonated Oil 3. Ozone Bagging 4. Ozone funneling 5. Ozone steam bath
17:00-17:30	Importance of case taking and Scope & limitation

**Sunday, 5<sup>th</sup> April 2026:**

09:00-13:00	Ozone applications – Non-invasive and Invasive applications – Theory and demonstration of following application; 1. Ear Insufflation 2. Rectal Insufflation, 3. Vaginal Insufflation, 4. Bladder Insufflations, 5. Breathing ozone through oil, 6. Intra-articular/peri-articular, 7. Subcutaneous/intradermal, 8. Microinjections at biologically active points, 9. Minor Autohemotherapy, 10. Major Autohemotherapy, 11. Intravenous infusion of Ozonated Saline.
13:00-14:00	Lunch
14:00-15:30	Precautions & Dosage guidelines
15:30-16:00	Tea break
16:00-17:00	Protocols of Ozone therapy for different disease management (more than 25 different disease management will be shared)
17:00-18:00	Aseptic precautions

**Monday, 6<sup>th</sup> April 2026:**

09:00-13:00	Hands-on on patients (you need to organize the patients)
13:00-14:00	Lunch
14:00-15:30	Discussion on case scenarios & dosage understanding, Scope & limitation, Importance of case taking.
15:30-16:00	Exam
16:00	Distribution of certificates

**Tuesday, 7<sup>th</sup> April 2026:**

**Extra Optional Hands-on Training at our Mumbai Ozone Clinic till 2:00 PM**

## Registration Form

Date of Registration	
Name	
Age	
Sex	
Address for communication	
Mobile	
E-mail	
Qualification	
Registration No.	
Designation	
Address of work place	
Special Interests	

Kindly transfer the training fees to following bank account. **Cheques should be in favour of "BISLERI CHARITABLE TRUST".**

**Bank Details:** Name : Bisleri Charitable Trust  
Bank : ICICI Bank  
Branch : Vile Parle (E), Mumbai.  
SB A/c. No. : 021101000316  
IFSC : ICIC0000211

Also, payment can be made through UPI ID -  
[bischatrust@icici](mailto:bischatrust@icici)

[QR code for UPI payment](#)



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For queries, contact Dr. Jignasha Captain on 09967608029 / Dr. Mili Shah on 09819376454

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